



*Celebrate*

2011 APRIL Month of the Military Child

**Military Children**

April is here and Spring is in the air!! But April doesn't just mean a celebration of warmer weather and green grass, it's also the month that we celebrate our littlest heroes, military children. April is designated as the Month of the Military Child, underscoring the important role military children play in the armed forces community. The Month of the Military Child is an opportunity to recognize military children and youth for their heroism, character, courage, sacrifices and continued resilience.

## *NDNG Activities for* Month of Military Child

**April 7:** ISFAC Meeting Celebrating Month of the Military Child  
Bismarck, ND

**April 7-10:** Region 8 Youth Leadership Summit  
Salt Lake City, UT

**April 8-9:** Zero To Three: Coming Together Around Military Families  
Bismarck, ND [www.zerotothree.org](http://www.zerotothree.org)

**April 9:** 2011 Annual Safety & Learning Fair  
Burdick Arena, Devils Lake, ND

**April 16:** Teen Lockdown Party  
Fargo, ND; YMCA; RSVP to Beth

**April 17:** Youth Council Meeting  
Bismarck, ND; RSVP to Jessi

**April 28:** Take Your Daughters and Sons to Work Day  
Fargo, ND; Air Guard Children

**FREE** Art Classes in April for Military Children at Theo Art School  
Bismarck, ND [theo-art-school@hotmail.com](mailto:theo-art-school@hotmail.com) for information

**If you would like a personalized certificate signed by our Adjutant General honoring your military child, please contact Jessi or Beth.**

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## Minot Air Force Base Events for Month of the Military Child

# MONTH OF THE MILITARY CHILD EVENTS

## WIN GREAT PRIZES

Kid's 18 & Under. Register beginning April 1st

- ★ \$100 Gift Card (4 to be given away)
- ★ \$50 Gift Card (2 to be given away)
- ★ \$25 Gift Card (2 to be given away)
- ★ Season Family Pass & Gift Certificate to Roosevelt Park Zoo

Register at:

Arts & Crafts, Base Library, Bowling Center, Child Development Center, Community Center, J.R. Rockers, Jimmy Doolittle Center, Treasure Island, & the Youth Center

SPONSORED BY:



No Federal Endorsement of Sponsor Intended

## SPECIAL PROMOTIONS

### J.R. Rockers

Kid's 10 & under eat FREE w/each adult meal purchased. Every Tuesday, 5-9pm  
 April 5 - Kid's Karaoke  
 April 12 - Family Night w/Dizzy the Clown  
 April 19 - Easter Egg Coloring  
 April 26 - Kid's Bingo

### Rough Riders

FREE bag of cookies with the purchase of a kid's meal during the month of April.

### Rough Rider Golf Course

FREE kid's golf, plus FREE club rental with a paying adult. Ages 16 & under. Every Sunday

### Rough Rider Lanes

Kid's 17 & under bowl for \$1.75/game & receive FREE shoe rental with a paying adult. Every Monday-Friday, 4pm-7pm

### Treasure Island

April 16 - 5pm-8pm, 1 FREE wrist band per child. 16 & under w/paying adult.

## APRIL SPECIAL EVENTS

### APRIL 1ST

Purple Ribbon Campaign Begins. Ribbons available at the CDC, FCC and the Youth Center. Show your support for military children by wearing a ribbon.

Pancakes for Parents, 6:30-8:30am at the CDC.

### APRIL 6TH

FREE Purple Sno Cone Day at the Youth Center, from 2-5:30pm. Youth Center Members Only.

### APRIL 14TH

Open House & Spaghetti Dinner, \$2.00/plate, 4:30pm-6pm at the Youth Center. Open to everyone.

Parent Community Open House, 4:30-5:45pm at the CDC.

### APRIL 16TH

Week of the Young Child at the Dakota Square Mall, 11am-2pm.

### APRIL 17TH

MOMC Brunch, 10:30am-1:30pm, Kids 12 & under eat FREE, there will be gifts for all kids. Visit with Dizzy the Clown and get your face painted. Register for the bike giveaways! JDC

### APRIL 20TH

Family Board Game Bingo at the Youth Center from 5-6pm. Fun for all ages! For Youth Center Members only.

### APRIL 21ST

FREE Creative Kid's Class at Arts & Crafts 10:30am-11:30am, ages 3-5 years

### APRIL 25TH-28TH

Wacky Spirit Week at the Youth Center

### APRIL 28TH

Youth Talent Show at the Youth Center from 4-4:45pm

### APRIL 29TH

Kids Block Party at the Youth Center, 5pm-7:30pm. There will be a Carnival & Wheels Rally from 5-6:15pm and a Phil Baker Children's Concert from 6:30-7:30pm.

Pre-Teen Dance from 8-10pm and Teen Dance is from 10-11pm



## Grand Forks Air Force Base Event for Month of the Military Child

# Annual, **Beautiful Child** **Photo Shoot**

## **Activity Fair**

Thursday, April 7th  
5:00pm-7:00pm  
at Liberty Square

*Photos taken of ages 0-5  
to be displayed at the  
Community Activity Center!*

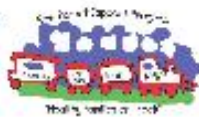
**Free** Family Fun for infant to elementary ages!

- Games
- Books
- Sensory play
- Play-doh
- Magnetic blocks
- Giant waffle blocks
- Arts, making a memory page
- Crafts & jewelry making
- Decorate cookies
- Learn about fossils, minerals and environment
- Experience "camping"
- Plant seeds
- Enjoy physical activities
- Healthy snacks
- Participate in child fingerprinting
- Tour a fire truck and ambulance
- Dental health expo
- GFAFB dance class performance @ 6:00
- Make a finger cast and give your doll or stuffed animal a "physical"

**Thank-you  
to our many participants,  
volunteers, and sponsors!**

CDC  
Sap/Youth Center  
Family Advocacy  
Commissary  
BX/AAFES  
Library  
Art & Crafts  
Dental Health  
Med Group  
Security Forces  
Demand Reduction  
HAWC  
SAPR  
Outdoor Rec  
Security Forces  
Fire Department  
Safety Office  
Environmental Office  
UND Geology Club  
Operation Military Kid  
FSS Marketing  
GFAFB Dance Program

From the  
"Beautiful Child Photo Shoot  
& Activity Fair" committee:  
The New Parent  
Support Program,  
FCC and the  
Child and Youth Programs



April is "Month of the  
Military Child"  
and Child Abuse  
Prevention month

## Free Babysitting Class for Military Youth ages 11-15!

Only 3  
open  
slots left  
for this  
training.  
Register  
soon!!

### Fargo

April 30<sup>th</sup>

10:30 a.m. - 3:00 p.m.

Location:

Red Cross Building

2602 12<sup>th</sup> Street N

(must bring a sack lunch)

For information contact:

Beth Sandeen

701-451-6109

beth.sandeen1@us.army.mil



## North Dakota National Guard Youth Program Lockdown Party

Saturday, April 16<sup>th</sup> – Sunday April 17<sup>th</sup>

8:00 p.m. – 9:00 a.m.

YMCA Fargo

400 1<sup>st</sup> Ave South

Yourteen (12 and up)  
won't want to miss this  
fun all-nighter.



Have fun swimming, playing  
basketball, volleyball, xerzone, and  
many other activities that the  
YMCA has to offer.

Register by  
April 1st

For more information  
contact Beth Sandeen  
beth.sandeen@us.army.mil

## Congratulations to these National Guard Children

They will represent  
North Dakota at the  
Region 8 Youth  
Leadership Summit  
in Salt Lake City, UT  
April 8-10

Logan  
Kilde

Charlie  
Somdahl

Cody Nordquist

Alexis Blazek

Courtney  
Haugen

HAVE A  
GREAT  
TIME





# LET'S GO... CAMPING!

## **4-H Camps @ Washburn, ND**

Outdoor Adventures at for:

*Military-Connected Youth*

Ages 8-12

June 5-9

*Military Youth Camp I*

Ages 8-11

June 26-30

*Military Youth Camp II*

Ages 12-15

July 10-14

Registration and information on  
[www.ndsu.edu/4h/camp](http://www.ndsu.edu/4h/camp)



## **American Wanderer Summer Camp**

This unique camp offers two week sessions exploring over 34 National Parks. They have openings for middle and high school aged children and offer a military discount. More information at:

[www.americanwanderer.com](http://www.americanwanderer.com)

## **2011 Operation Purple Camp**

The National Military Family Association is excited to announce the states that will have Operation Purple Camps this summer. This FREE summer camp program was developed by the Association to support military children dealing with the stress of war.

[www.militaryfamilyv.org](http://www.militaryfamilyv.org)

## **Operation: Military Kids Day Camps**

Ages: 6-12

Minot July 12<sup>th</sup>  
Grand Forks July 14<sup>th</sup>  
Wahpeton July 19<sup>th</sup>  
Mandan July 21<sup>st</sup>  
West Fargo July 26<sup>th</sup>  
Dickinson July 29<sup>th</sup>

More information can be found at:  
[www.operationmilitarykids.org](http://www.operationmilitarykids.org)

## **2011 Air Force Reserve/Air National Guard Teen Leadership Summits**

The AFR/ANG Teen Leadership Summits are open to 14-18 year old dependent teens of current Air Force Reserve or Air National Guard military members.

Applicants will be required to complete entire application to include essay questions.

*Classic Teen Leadership Summit*  
19-24 June, Georgia

*Capitol Teen Leadership Summit*  
24-29 July, Washington, DC

*Adventure Teen Leadership Summit*  
9-14 August, Colorado

[www.georgia4h.org/AFRANGTeenSummit](http://www.georgia4h.org/AFRANGTeenSummit)

The online application will be available on the website 1 Feb, with an application deadline of 8 Apr 2011.

Calling all 2nd-10th grade young women  
& their moms & female mentors!



## Empowering Girls to Become Women in Leadership

**WHAT:** Empowering Girls to Become Women in Leadership Workshop  
*An opportunity for young women & their moms/mentors to connect & learn together!*

**WHEN:** Saturday, April 30 8:30am-1:30pm

**WHERE:** Eide Bailly (4310 17th Avenue South, Fargo)

**WHO:** 2nd-10th grade young women & their moms  
& adult female mentors (aunts, teachers, friends, etc.)

**COST:** \$25 per pair, \$5 for each additional young woman  
(Registration includes lunch, journal, sessions & Zumba)

**DEADLINE TO REGISTER:** April 21  
701.237.5050 or [dclemenson@unitedwaycassclay.org](mailto:dclemenson@unitedwaycassclay.org)

Space is limited!  
More info & registration forms available  
at [www.unitedwaycassclay.org](http://www.unitedwaycassclay.org)



Can a child's future be determined by age six?



***Between birth and the age of five, children's brains are developing faster than at any point in their lives. That's a window of opportunity we don't want to miss...***

### Early learning reduces

- Crime rate
- Teenage pregnancy
- Welfare dependency
- Job training costs
- Special Education costs
- Grade repetition in school

### Early learning increases

- Success in school
- Graduation rates
- Workforce readiness
- Job productivity
- Community engagement

### Programs Offered by Success by 6

- Imagination Library
  - Free books available
- Share A Story
- Born Learning
- Gearing Up For Kindergarten
- Preschool on Wheels
- Childcare

For more information visit the United Way website:

<http://www.unitedwaycassclay.org/services-change-six.nhp>

## Tutor.com for U.S. Military Families



Get help from a professional tutor anytime you need it. FREE for eligible military service members in the Army, Marines, Navy or Air Force, their dependents, and students attending Department of Defense Schools. Tutors are online 24/7 and available to help in more than 16 subjects.

**Military OneSource Resources by:**

Angela Messmer  
Military OneSource  
North Dakota MOS Joint Family Support Assistance  
Program Consultant  
phone: 701-333-4812 | mobile: 701-425-5478  
[angela.messmer@militaryonesource.com](mailto:angela.messmer@militaryonesource.com)  
[www.MilitaryOneSource.com](http://www.MilitaryOneSource.com)  
Call 1-800-342-9647



As spring approaches, it is time once again to celebrate the month of the Military Child and Child Abuse Prevention month. This month we celebrate our youngest heroes, our military children who proudly support their military family member through deployments, training, moves, and changes. Though they have no say in their ever-changing world they are brave, proud, and strong, an inspiration to us all. Military OneSource has tools, resources, and even fun for our Military kids and their parents. Please go to <http://www.militaryonesource.com/LinkClick.aspx?fileticket=p0Oiea8Gsl4%3d&tabid=940> to access a flyer featuring:

- **Enhanced Military OneSource Overview Presentation with Month of the Military Child specific slide**
- **Digital Literacy for Kids, New TRICARE Young Adult Program Overview, and iCAN Achieve Teen Weight Management Program overview webinars**
- **Special Needs Military Families Moderated Chat**
- **Links to the Helping Your Baby Sleep Safely, Special Needs Military Families, and Summer Child care/Camps pages on Military OneSource**
- **Kids Info Bits, Info Track Junior, TumbleReadables, Tumble Talking Books, and Student Resources Online Libraries**
- **Your Teen's Online World, Parenting as a Team, and Surviving the First Three Months toolkits**
- **Tutor.com, Staying Involved in Your Child's Life When You're Deployed Recorded webinars**

You may also want to check out information on Paying for Childcare, Financial Aid, and Scholarships, or talk with a Financial Planner on the best plan to help you save for your child's education.





## National Child Abuse Prevention Month

April is National Child Abuse Prevention Month, a time to raise awareness about child abuse and neglect and create strong communities to support children and families.



For more information visit <http://www.childwelfare.gov/preventing/preventionmonth/>

For more information visit [http://www.nddfs.org/Scholarships/Military\\_Scholarship.asp](http://www.nddfs.org/Scholarships/Military_Scholarship.asp)



Because College Doesn't Happen By Chance®

### Military Scholarship

In recent years North Dakota military members have been activated at one of the highest rates per capita in the nation. These members and their families have made significant sacrifices for the good of our state and country, and this fund has been developed to honor our dedicated servicemen and women and their families. For 2011, the fund will provide a minimum of ten \$1,000 scholarships in June. More will be provided as donations are received. Applications will be accepted from January 1 through April 30.

#### Criteria:

- Applicant must have a 2.5 GPA or higher and be a full time student.
- Applicant must be the dependent of a member of a North Dakota military unit/installation.
- Applicant must be a graduate of or currently live in a Dollars for Scholars community.

General military awards will be given in 2011. Additional awards will be created as donations allow for special preference to be given to those dependents that have parents who have been deployed overseas, injured or killed in action.



## Are You a Parent Capable of Fostering Resilience?

### Take the Resilient Mindset Quiz

1. What is the best way to deal with mistakes?
2. Your child tells you that he feels ugly & dumb. Your first response should be:
3. When your children are successful at a task, you can reinforce a resilient mindset by saying:

Take the short resilient mindset quiz to show how you reinforce a resilient mindset in children as well as provided information, resources and explanations.

[www.raisingresilientkids.com](http://www.raisingresilientkids.com)

For more information, contact Jim Davis, Military Family Life Consultant 701-333-4800.



**Volunteers are crucial to the success of our program. If you want to give back to support our military children & youth, please contact the CYP office!**



Apply now for the Pat Tillman Military Scholarship. A limited number of applications will be accepted.

<http://www.patillmanfoundation.org>

### **NORTH DAKOTA NATIONAL GUARD Child & Youth Program**

Jessi Clark-Woinarowicz  
State Youth Coordinator  
1850 E Bismarck Expy, Bismarck  
701-333-4822 work  
701-425-2552 cell  
701-333-4825 fax  
[j.clarkwoinarowicz@us.army.mil](mailto:j.clarkwoinarowicz@us.army.mil)

Beth Sandeen  
Youth Services Program Coordinator  
3920 31st St N, Suite 242, Fargo  
701-451-6109 work  
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[beth.sandeen1@us.army.mil](mailto:beth.sandeen1@us.army.mil)

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Service Member & Family Support,  
Support, Child & Youth Program



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North Dakota National Guard Youth